



ST. THOMAS' PARISH

EPISCOPAL CHURCH DUPONT CIRCLE



First Sunday of Lent – February 21, 2021

Pray

Opening Hymn 448 “O Love, How Deep, How Broad, How High” (v. 1-3, 6)



1 O love, how deep, how broad, how high, how pass - ing
2 For us bap - tized, for us he bore his ho - ly
3 For us he prayed; for us he taught; for us his
4 For us to wick - ed hands be - trayed, scourged, mocked, in
5 For us he rose from death a - gain; for us he
6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of
2 fast and hun - gered sore; for us temp - ta - tions
3 dai - ly works he wrought: by words and signs and
4 pur - ple robe ar - rayed, he bore the shame - ful
5 went on high to reign; for us he sent his
6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.
 2 sharp he knew; for us the tempt - er ov - er - threw.
 3 ac - tions, thus still seek - ing not him - self, but us.
 4 cross and death; for us gave up his dy - ing breath.
 5 Spi - rit here to guide, to strength - en, and to cheer.
 6 we a - dore for ev - er and for ev - er - more.

Opening Acclamation

Celebrant: Blessed be God of our salvation.

People: Who bears our burdens and forgives our sins.

Confession of Sins

✠ Celebrant says *Let us confess our sins to God. Silence may be kept.*

All say:

GOD OF ALL MERCY, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Absolution

Almighty God have mercy on you, forgive you ✠ all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Kyrie Eleison

“Lord, have mercy”

(Repeat after the Cantor)

3. **K** Y-ri- e • e-lé- i-son. *ijj.* Christe e-lé- i-son. *ijj.* Ký-ri- e e-lé- i-son. *ij.* Ký-ri- e • e-lé- i-son.

XI-XIII. s.

The Collect

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

First Reading

Exodus 14: 10 – 15: 1

As Pharaoh drew near, the Israelites looked back, and there were the Egyptians advancing on them. In great fear the Israelites cried out to the LORD. They said to Moses, “Was it because there were no graves in Egypt that you have taken us away to die in the wilderness? What have you done to us, bringing us out of Egypt? Is this not the very thing we told you in Egypt, ‘Let us alone and let us serve the Egyptians’? For it would have been better for us to serve the Egyptians than to die in the wilderness.” But Moses said to the people, “Do not be afraid, stand firm, and see the deliverance that the LORD will accomplish for you today; for the Egyptians whom you see today you shall never see again. The LORD will fight for you, and you have only to keep still.”

Then the LORD said to Moses, “Why do you cry out to me? Tell the Israelites to go forward. But you lift up your staff, and stretch out your hand over the sea and divide it, that the Israelites may go into the sea on dry ground. Then I will harden the hearts of the Egyptians so that they will go in after them; and so I will gain glory for myself over Pharaoh and all his army, his chariots, and his chariot drivers. And the Egyptians shall know that I am the LORD, when I have gained glory for myself over Pharaoh, his chariots, and his chariot drivers.”

The angel of God who was going before the Israelite army moved and went behind them; and the pillar of cloud moved from in front of them and took its place behind them. It came between the army of Egypt and the army of Israel. And so the cloud was there with the darkness, and it lit up the night; one did not come near the other all night.

Then Moses stretched out his hand over the sea. The LORD drove the sea back by a strong east wind all night, and turned the sea into dry land; and the waters were divided. The Israelites went into the sea on dry ground, the waters forming a wall for them on their right and on their left. The Egyptians pursued, and went into the sea after them, all of Pharaoh’s horses, chariots, and chariot drivers. At the morning watch the LORD in the pillar of fire and cloud looked down upon the Egyptian army, and threw the Egyptian army into panic. He clogged their chariot wheels so that they turned with difficulty. The Egyptians said, “Let us flee from the Israelites, for the LORD is fighting for them against Egypt.”

Then the LORD said to Moses, “Stretch out your hand over the sea, so that the water may come back upon the Egyptians, upon their chariots and chariot drivers.” So Moses stretched out his hand over the sea, and at dawn the sea returned to its normal depth. As the Egyptians fled before it, the LORD tossed the Egyptians into the sea. The waters returned and covered the chariots and

the chariot drivers, the entire army of Pharaoh that had followed them into the sea; not one of them remained. But the Israelites walked on dry ground through the sea, the waters forming a wall for them on their right and on their left.

Thus the LORD saved Israel that day from the Egyptians; and Israel saw the Egyptians dead on the seashore. Israel saw the great work that the LORD did against the Egyptians. So the people feared the LORD and believed in the LORD and in his servant Moses.

Then Moses and the Israelites sang this song to the LORD:

“I will sing to the LORD, for he has triumphed gloriously;
horse and rider he has thrown into the sea.

Lector: The Word of the Lord People: Thanks be to God

Psalm 25: 1-9

Plainsong Chant by the choir

- 1 To you, O LORD, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.
- 2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.
- 3 Show me your ways, O LORD, *
and teach me your paths.
- 4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.
- 5 Remember, O LORD, your compassion and love, *
for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; *
remember me according to your love
and for the sake of your goodness, O LORD.
- 7 Gracious and upright is the LORD; *
therefore he teaches sinners in his way.
- 8 He guides the humble in doing right *
and teaches his way to the lowly.
- 9 All the paths of the LORD are love and faithfulness *
to those who keep his covenant and his testimonies.

The Holy Gospel

Mark 1: 9-15

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to you, Lord Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Celebrant: The Gospel of the Lord. People: Praise to you
Lord Christ.

The Sermon

The Rev. Martin Smith

✠ Please observe a moment of silence following the sermon



Prayers of the People

During this holy season of Lent, Lord, we seek the Way of Love. Encourage us to **Turn** away from those habits and practices that separate us from You, our world, our true selves, and each other.
God of rebirth and renewal, hear our prayer.

Psalm 91 tells us, "You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday." Let us **Learn** from your scriptures how to intentionally fulfill the life You have given each of us.
God of rebirth and renewal, hear our prayer.

We **Pray** for our new president, vice president, and all national and local leaders. Guide them through this difficult time to bring healing to all peoples. Show us how to celebrate, not vilify, our beautiful, God-given differences.
God of rebirth and renewal, hear our prayer.

We pray for our bishops, rector, vestry, and lay leaders as we **Worship** and work toward seeing and serving the needs of Your people, this congregation, our neighbors, and the world at large.
God of rebirth and renewal, hear our prayer.

Spiritual Communion Prayer, adapted from the Prayer Book for Armed Services

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion. The leader invites the following prayer to be said by all:

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, we desire to offer to you praise and thanksgiving. We remember your death, Lord Christ; we proclaim your resurrection; we await your coming in glory. Since we cannot receive you now in the Sacrament of your Body and Blood, we beseech you to come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.



Closing Hymn 150 “Forty Days and Forty Nights”

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
2 Should not we thy sor - row share and from world - ly joys ab - stain,
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
4 round us, too, shall an - gels shine, such as min - is - tered to thee.
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Blessing

Celebrant: Life is short, and we do not have much time
to gladden the hearts of those who travel with us.
So be quick to love and make haste to be kind.
And the blessing of God Almighty,
the Father, the Son and the Holy Spirit
be among you and remain with you forever.

People: **Amen**

Dismissal

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

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ST. THOMAS' PARISH

EPISCOPAL CHURCH • DUPONT CIRCLE

Announcements for the First Sunday of Lent

February 21, 2021

A NOTE FROM OUR RECTOR

Dear St. Thomas' Parish,



What a beautiful week we have shared! Sunday, we commissioned our new Vestry members and blessed baby Naomi. Tuesday, we had a Mardi Gras party online. On Wednesday we distributed ashes and Holy Communion, and we started Lent with our Ash Wednesday worship. Please see below for pictures from the week and for more information on our Lenten activities.

This week I also share with you the good news that **Ka Lam** has accepted our Parish Administrator position, and she will join our staff on March 1. Ka has technical and administrative skills that will serve us well, and more than eight years working in churches. As you can imagine, juggling administrative and financial tasks while providing radical hospitality to those who visit and do ministry at the church throughout the week is an art! We will get to know Ka in the coming months, as she will attend our monthly Vestry and Building and Grounds meetings. She will also work one Sunday a month. Being present at these meetings and on some Sundays will allow for her to follow up on key initiatives and support lay leaders in their ministry.



Ka Lam

Ka is happy for me to share a bit more about her background with you. Ka was born in Hong Kong and moved to Washington DC with her parents as a child. She received her Bachelor of Science degree in Information Technology from Slippery

Rock University, PA in 2012 and received a Certificate for Graphic Design with Digital Tools, in 2015 from Montgomery College, MD. For the last eight years she has worked in the Episcopal Church and United Methodist Church in Washington, D.C. In her spare time, she

plans and decorates events in the area. We are pleased to expand this position to 35 hours/week in order to focus on thriving financial and administrative health. Nolan has worked hard to make this a smooth transition, and his time will overlap with Ka for the first week of March in order to share institutional knowledge that will be helpful.

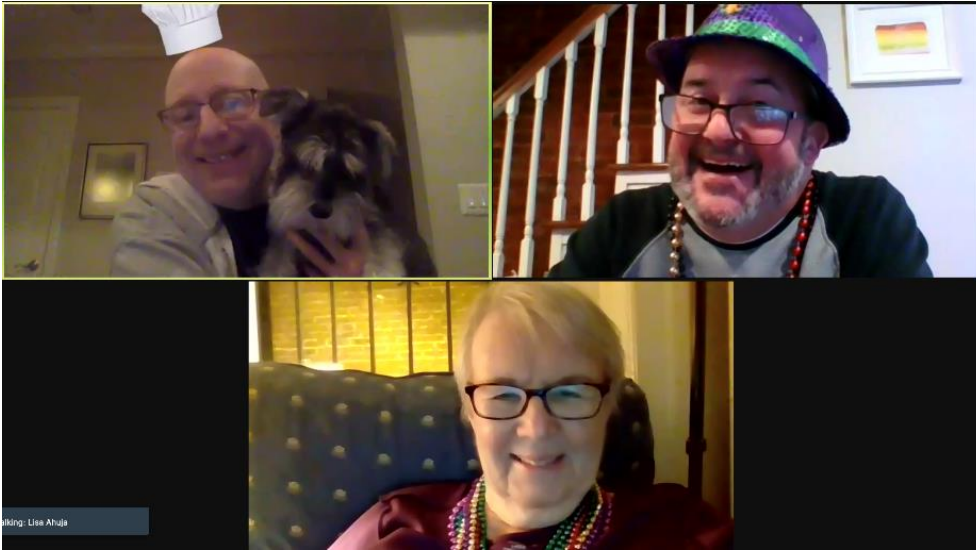
God bless you,
Lisa+

Guest Preacher This Sunday: The Rev. Martin L. Smith



Martin L. Smith is well known throughout the Episcopal Church for his roving ministry of spiritual formation through retreats, workshops and lectures for a wide range of communities. His widely read books exploring contemporary spirituality include "A Season for the Spirit," "The Word is Very Near You," "Reconciliation," "Love Set Free," "Compass and Stars" and, with Julia Gatta, "Go in Peace." He lives in Washington, D.C. and serves on the clergy team of St. Augustine in SW DC.

MARDI GRAS





ASH WEDNESDAY



Lent at St. Thomas' Parish

The season of Lent is a contemplative time inviting us to turn toward Christ. We do this through examination, study, prayer, and other spiritual disciplines that draw us nearer to God. As we approach this holy season, we are invited to consider taking on a new practice or participating in a study or activity to draw nearer to Christ. Here are some options here at our parish:

The Stations of the Cross:

Our set of the Stations of the Cross will be placed in our office windows facing Church St. alongside prayer and meditations. You are invited to walk the stations of the cross during the season of Lent.

The Way of Love in Lent:

Our Sunday morning study February 21 – March 14 will focus on the Episcopal Church's curriculum which offers seven practices for a Jesus Centered Life. Our scripture for the Sunday services will include one designated lesson for each practice From Ash Wednesday-Easter. John Trumbo has written our Prayers of the People to include these practices for the Way of Love.



Life Transformed: The Way of Love in Lent

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission.		Feb 17 Bless Notice the pattern of your breathing. Pray for awareness of blessings. Gen. 2:7	18 Worship How does community help or hinder your growing in Christ? John 1:12-13	19 Rule of Life How can you build pauses into the day to reflect on the work of the Spirit? John 15:5	20 Rest How might you connect with others in the spirit of renewal? 1 Kings 19:11-12	21 1st Sunday of Lent
22 Worship What is most meaningful to you in worship? BCP, p. 281	23 Pray Go for a walk today and pray with your feet, each step with intention. Isa. 2:3a	24 Way of Love Where do you see the seven practices of the Way of Love in this story? Luke 5:19	25 Bless Who has taught you to live a Jesus-filled life? Who have you taught? 2 Cor. 4:16	26 Go Where can you go and intentionally provide kindness? Matt. 5:4	27 Rest How do you incorporate rest in your life? Jer. 6:16	28 2nd Sunday of Lent
Mar 1 Learn What passage of scripture is important to you? Why? Isa. 40:8	2 Rest How do your creative outlets impact on taking rest? Gen. 1:1-2:4	3 Go Where are you being encouraged to "show up"? Matt. 25:44-45	4 Pray Take 20 minutes in contemplative prayer today. Matt. 4:18-22	5 Bless Intentionally smile at least ten times today. Phil. 4:4	6 Turn Today, intentionally listen devoutly to another. Mark 4:23	7 3rd Sunday of Lent
8 Go Where can you seek and serve Christ in someone unlike you? Jer. 30:22, 31:4-5	9 Turn How might you share what brings you great joy with others? Rom. 12:6-8	10 Rest How can you incorporate rest from technology today? Matt. 11:28	11 Learn How is the Jesus who walked this earth beckoning you to meet him? Mark 10:46-52	12 Worship In your prayers today, what new words or thoughts touch you? Phil. 4:6	13 Pray Try praying with Anglican prayer beads. Luke 18:1	14 4th Sunday of Lent
15 Bless What challenges are you facing today? Job 11:18	16 Turn Where do you find joy and passion? Luke 24:32	17 Rest What can you say "no" to so you can say "yes" to prayer, rest and joy? Lev. 23:3	18 Learn Practice lectio divina with this scripture. Luke 15:17-24	19 Go Create a prayer representing how you seek to serve God and follow Jesus. Matt. 5:15	20 Rule of Life How do others experience the love of Christ through you? Gal. 5:22-23	21 5th Sunday of Lent
22 Turn What relationships do you need to mend? Isa. 55:8-9	23 Rule of Life How has this Way with God impacted your experience of God? John 7:38	24 Learn Slowly read this passage aloud. How does this speak to the world today? Matt. 4:18-22	25 Worship What seminal moments have informed a need to return to Christ? Ps. 51:10	26 Go Where might God be asking you to take your great love into the world? Isa. 48:6b	27 Pray What are you thankful for? 1 Chron. 29:15	28 Palm Sunday
29 Pray Listen to the daily office today at missionstclair.com Ps. 55:17	30 Rule of Life Who can support you in living a Jesus-centered life? 2 Cor. 3:6	31 Bless When you reflect on financial giving, are your palms open? Matt. 12:43-44	Apr 1 Worship How do you want to prepare people to remember you? 2 Cor. 1:3-4	2 Turn How did you turn back towards God's love when you made a big mistake? Luke 15:18	3 Learn Who might you have a conversation with to learn about God? Ps. 119:105	4 Easter Day



Una vida transformada: El Camino del Amor para la Cuaresma

Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
Reflexiones de "Living the Way of Love" de Mary Bea Sullivan (Church Publishing, 2019). Usado con permiso.		Feb 17 Bendecir Observa el patrón de tu respiración. Ora por tener conciencia de las bendiciones. Gn 2:7	18 Adorar ¿De qué maneras te ayuda o te obstaculiza la comunidad a crecer en Cristo? Juan 1:12-13	19 Regla de Vida ¿Cómo puedes establecer pausas en el día para reflexionar sobre la obra del Espíritu? Juan 15:5	20 Descansar ¿Cómo podrías conectarte a los demás con un espíritu de renovación? I Reyes 19:11-12	21 Primer domingo de Cuaresma
22 Adorar ¿Qué es lo más significativo para ti en la adoración? LOC, p. 200	23 Orar Sal a dar un paseo hoy y ora con los pies, dando cada paso intencionadamente. Is 2:3a	24 El Camino del Amor ¿Dónde ves las siete prácticas del Camino del Amor en esta historia? Lucas 5:19	25 Bendecir ¿Quién te ha enseñado a vivir una vida llena de Jesús? ¿A quién les ha enseñado tú? 2 Co 4:16	26 Ir ¿Adónde puedes ir para brindar bondad intencionadamente? Mat. 5:4	27 Descansar ¿Cómo incorporas el descanso en tu vida? Jer 6:16	28 Segundo domingo de Cuaresma
Marzo 1 Aprender ¿Qué pasaje de las Escrituras es importante para ti? ¿Por qué? Is 40:8	2 Descansar ¿Cómo influyen tus expresiones creativas en el descanso? Gn 1:1-2:4	3 Ir ¿Dónde te sientes Día de Pascua exhortado a involucrarte para contribuir? Mt 25:44-45	4 Orar Tómeme 20 minutos en oración contemplativa hoy. Mat 4:18-22	5 Bendecir Sonríe intencionadamente al menos diez veces hoy. Flp 4:4	6 Cambiar Escucha intencionada y devotamente a otra persona hoy. Marcos 4:23	7 Tercer domingo de Cuaresma
8 Ir ¿Dónde puedes buscar y servir a Cristo en alguien diferente a ti? Jer 30:22, 31:4-5	9 Cambiar ¿Cómo podrías compartir con los demás aquello que te da mucha alegría? Ro 12:6-8	10 Descansar ¿Cómo puedes incorporar un descanso de la tecnología hoy? Mt 11:28	11 Aprender Aquel Jesús que caminó por esta tierra, ¿cómo te invita a que te encuentres con él? Marcos 10:46-52	12 Adorar En tus oraciones de hoy, ¿qué nuevas palabras o pensamientos te conmovieron? Flp 4:6	13 Orar Trate de orar con el Rosario anglicano. Lucas 18:1	14 Cuarto domingo de Cuaresma
15 Bendecir ¿A qué desafíos te enfrentas hoy? Job 11:18	16 Cambiar ¿Dónde encuentras la alegría y la pasión? Lucas 24:32	17 Descansar ¿A qué le puedes decir que "no" para decirle que "sí" a la oración, el descanso y la alegría? Lv 23:3	18 Aprender Practica la lectio divina con este pasaje de las Escrituras Lucas 15:17-24	19 Ir Genera una oración que exprese cómo buscas servir a Dios y seguir a Jesús. Mt 5:15	20 Regla de Vida ¿Cómo experimentan los demás el amor de Cristo a través de ti? Gl 5:22-23	21 Quinto domingo de Cuaresma
22 Cambiar ¿Qué relaciones necesitas reparar? Is 55:8-9	23 Regla de Vida ¿Cómo ha impactado este Camino con Dios en tu experiencia de Dios? Juan 7:38	24 Aprender Lentamente lee este pasaje en voz alta. ¿Cómo le habla esto al mundo de hoy? Mt 4:18-22	25 Adorar ¿Qué momentos fundamentales te han informado de la necesidad de regresar a Cristo? Sal 51:10	26 Ir ¿A dónde te estará pidiendo Dios que lleves tu gran amor por el mundo? Is 48:6b	27 Orar ¿Cuáles son tus motivos de agradecimiento? I Cr 29:15	28 Domingo de Ramos
29 Orar Escucha el oficio diario hoy en missionstclair.com Sal 55:17	30 Regla de Vida ¿Quién podría brindarte apoyo en vivir una vida centrada en Jesús? 2 Co 3:6	31 Bendecir Al reflexionar sobre la ofrenda financiera, ¿tienes las manos abiertas? Mt 12:43-44	Abril 1 Adorar ¿Cómo quieres preparar a la gente para que te recuerden? 2 Co 1:3-4	2 Cambiar ¿Cómo regresaste al amor de Dios cuando cometiste un gran error? Lucas 15:18	3 Aprender ¿Con quién podría tener una conversación para aprender acerca de Dios? Sal 119:105	4 Día de Pascua

Lenten Madness:

Forward Movement offers a fun and educational activity each Lent called Lenten Madness. Lenten Madness uses a bracket system like March Madness (basketball) to showcase different saints of the Church.

"The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period of time and vote for their favorite saint. 16 saints make it to the round of the Saintly Sixteen, eight make it to the round of the Elite Eight, four make it to the Faithful Four, two to the Championship; and the winner is awarded the coveted Golden Halo. The first round consists of basic biographical information about each of the 32 saints. Things get a bit more interesting in the subsequent rounds as we offer quotes and quirks, explore legends, and even move into the area of saintly kitsch." Get your bracket and learn more at: www.lentmadness.org

Here is a link to a promo video: <https://youtu.be/mDwexvPoOvQ>

Here is our Zoom online schedule for this coming week.

Sunday, February 21:	FIRST SUNDAY OF LENT
9:30 am	The Way of Love in Lent
10:30 am	Worship (on Zoom or go to our Facebook page)
11:15 am	Coffee Hour
Monday, February 22:	
6:30-7:00 pm	Evening Worship (with Evening Prayer or Compline.)
Tuesday, February 23:	
6:30-7:00 pm	Evening Worship (with Evening Prayer or Compline.)
Wednesday, February 24:	
6:30-8:30 pm	Sacred Ground Program
Thursday, February 25:	
5:45-6:30 pm	Spanish Conversation with Al
6:30-7:00 pm	Evening Worship (with Evening Prayer or Compline.)
Sunday, February 28:	SECOND SUNDAY OF LENT
9:30 am	The Way of Love in Lent
10:30 am	Worship (on Zoom or go to our Facebook page)
11:15 am	Coffee Hour

Zoom Code for all of our Worship, Social (Coffee Hour, etc.), Study, and Open Office Hours.

Meeting ID: 947 6442 4718

Password: 151718th

Join Zoom Meeting

<https://zoom.us/j/94764424718?pwd=WFhJM0M5N2VxT2dVbVpaelljaVQ2UT09>

Dial by your location

+1 929 205 6099 US (New York)

Study with St. Thomas'



Soul Flex

In Partnership with the Episcopal Diocese of Washington, Evening Prayer on Fridays will be streamed from our building.

New Class Schedule Upcoming

Join us in the Lent season for a Lenten Yoga and Prayer. We will gather **Fridays at 6:30 pm (via Zoom)** to center ourselves with simple yoga and prayer.

Within a framework drawn from the Episcopal *Book of Common Prayer*, we explore ancient 'Wisdom' writings and contemporary poetry that resonate in today's world. Yoga sequences take us more deeply into a weekly theme tied to current events and Lenten season. Come as often as you like. Only one sign-up needed for all six weeks. You can begin any week and drop-ins and newcomers welcome.

About the Instructor:

The Rev. Diana V. Gustafson has led innovative yoga and prayer at a number of churches in the Diocese of Washington. She is a Registered Yoga Teacher (500 -hour certificate) who trained at several studios in the Washington area. She received her M.Div. from Virginia Theological Seminary and most recently served as a Curate at All Souls Episcopal Church. This event is hosted by the Episcopal Diocese of Washington and St. Thomas' on Dupont Circle.

A Zoom link will be emailed in advance of the start of each class.

[Sign up here now!](#)

Take Action with St. Thomas'

PREVENT GUN VIOLENCE IN DC

WEEK OF ACTION

MARCH 1-5, 2021

MOMS 
DEMAND
ACTION
FOR GUN SENSE IN AMERICA



=== VIRTUAL EVENTS ===

bit.ly/DemandActionDC

prevent • interrupt • heal • invest • #KeepDCAlive

PREVEN LA VIOLENCIA ARMADA EN DC

SEMANA DE ACCIÓN

MARZO 1-5, 2021

MOMS 
DEMAND
ACTION
FOR GUN SENSE IN AMERICA



=== EVENTOS VIRTUALES ===

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Prevenir • Interrumpir • Curar • Invertir • #KeepDCAlive

Responding to Grief and Joy (and everything in between!) in our Community:

In this time when we cannot check in with one another face to face each week, you may wish to respond to the grief or joy in our community by sending a greeting card or making a phone call. If you do not have the individual's contact information, please check Realm or send your greeting card to that person % our church. We will make sure to share with them.

- **Healing: Jerry Donohoe:** Here is a link to his Caring Bridge page for updates on his health: <https://www.caringbridge.org/visit/jerrydonahoe>.



Diapers Needed – Size 6

Throughout the COVID-19 pandemic, we have listened to the needs of our local community and tried to respond faithfully. We've donated lots of diapers, wipes, formula, and more to young, low-income families from Central America served by The United Planning Organization (UPO) in Columbia Heights.

St. Thomas' Member Al, serves as a social worker at (UPO), and shares that **there is a current need for diapers in size 6**. Al lives near St. Thomas' Parish on Beekman Place, NW. Call or email him for address or drop off 202-604-3084 or allanosdc@gmail.com



Save The Date!

Samaritan Ministry's 2021

Next Step Breakfast

Mark your calendars now! Our virtual Next Step Breakfast will be streamed live on Saturday, March 20th from 10am-11am

Featuring Emcee Yamiche Alcindor, PBS Newshour White House Correspondent!

Reverend Lisa's Contact Information:

**The Rev. Lisa Saunders Ahuja
St. Thomas' Parish
1517 18th Street NW
Washington, DC 20036
1-202-361-2018 (cell)
lahuja@stthomasdc.org**

Celebrating Our February Birthdays

Dave Kucharski (February 9)
Bettina Hager (February 11)
Jean Holman (February 13)
Mamta Ravindran (February 27)

*If your birthday or anniversary is not listed here, please let us know at
administrator@stthomasdc.org.*

Parish Prayer List

Matthew Briggs
Peggyann Cohen
Jerry Donahoe
Zakaria el fatihi
Jan Harrison

Harlow Hollingsworth
Mark Herzog
Kristin Jones
Mike Knapp
Dave Kucharski

Bill McDonald
Bishop Gene Robinson
Annie Scrimenti
Chester Thompson

*For the repose of the soul of:
DaSha Montgomery*

You may submit a name for the list by sending an e-mail to: administrator@stthomasdc.org



ST. THOMAS' PARISH

EPISCOPAL CHURCH • DUPONT CIRCLE

"As St. Thomas' Parish we are followers of Jesus, striving to see Christ in each person, and to be Christ in our community, our city, and our world."

Vestry

Gregory Zitterkob, Senior Warden
Karen Garlick, Junior Warden
Jennie Allison, Treasurer
Brian Crane, Jason Crighton, Reggie Greer, Noel Miller,
Jane Saari, Brett Snyder, John Trumbo

Staff

The Rev. Lisa Saunders Ahuja	Rector	lahuja@stthomasdc.org cell: 202-361-2018
The Rt. Rev. V. Gene Robinson	Bishop in Residence	@BishopGRobinson
Michael Lodico	Interim Music Director	mlodico@stthomasdc.org
Nolan DiFrancesco	Administrator	administrator@stthomasdc.org
Kimberly Davis	Nursery Care Worker	
Clifford Bowens	Nursery Care Worker	
Tyrone Moore	Sexton	

St. Thomas' Parish

1517 18th Street NW Washington, DC 20036 (202) 808-3326
www.stthomasdc.org ✉ info@stthomasdc.org

