



ST. THOMAS' PARISH

EPISCOPAL CHURCH DUPONT CIRCLE



Fourth Sunday after the Epiphany – January 30, 2022

Welcome to St. Thomas' Parish and to our online worship! Your presence amongst us overflows our joy. Together, we all tell the Good News of God's love in Christ. Sing and pray with us as you are comfortable.

Opening Hymn 518

“Christ is made the sure foundation”

Descant

4 Here vouch - safe to all thy serv - ants what they ask of

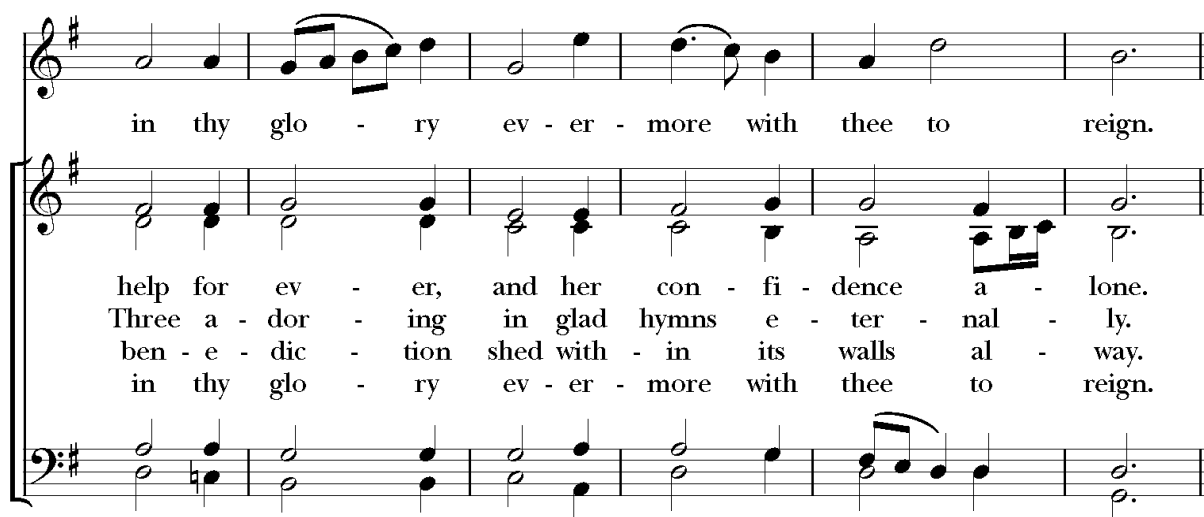
1 Christ is made the sure foun - da - tion, Christ the head and
 2 All that ded - i - cat - ed ci - ty, dear - ly loved of
 3 To this tem - ple, where we call thee, come, O Lord of
 4 Here vouch - safe to all thy serv - ants what they ask of

thee to gain; what they gain from thee, for ev - er

cor - ner - stone, cho - sen of the Lord, and pre - cious,
 God on high, in ex - ult - ant ju - bi - la - tion
 Hosts, to - day; with thy wont - ed lov - ing - kind - ness
 thee to gain; what they gain from thee, for ev - er

with the bless - ed to re - tain, and here - af - ter

bind - ing all the Church in one; ho - ly Zi - on's
 pours per - pet - ual mel - o - dy; God the One in
 hear thy serv - ants as they pray, and thy full - est
 with the bless - ed to re - tain, and here - af - ter



in thy glo - ry ev - er - more with thee to reign.
 help for ev - er, and her con - fi - dence a - lone.
 Three a - dor - ing in glad hymns e - ter - nal - ly.
 ben - e - dic - tion shed with - in its walls al - way.
 in thy glo - ry ev - er - more with thee to reign.

Words: Latin, ca. 7th cent.; tr. *Hymns Ancient and Modern*, 1861, after John Mason Neale (1818-1866), alt.
 Music: *Westminster Abbey*, Henry Purcell (1659-1695), adapt.; desc. James Gillespie (b. 1929) Copyright © by permission of Church Society, London. All rights reserved. Used with permission

Opening Acclamation

Celebrant: Blessed be the one, holy, and living God.

People: Glory to God for ever and ever.

The Collect for Purity

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Glory to God - LEVAS 243

The musical score is written in 4/4 time with a key signature of one flat (Bb). It consists of three systems, each with a vocal line and a piano accompaniment. The lyrics are: "Glo - ry, Glo-ry, hal-le-lu - jah, Lord we praise your Ho - ly name, — Glo-ry, Glo-ry hal-le-lu - jah, Lord we praise your Ho - ly name. —".

Verses:

- 1 Glory to God in the highest, and peace to His people on earth.
- 2 Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.
- 3 Lord Jesus Christ, only son of the Father, Lord God, Lamb of God,

Refrain

- 4 You take away the sin of the world: have mercy on us;
- 5 You are seated at the right hand of the Father: receive our prayer.
- 6 For you alone are the Holy One, you alone are the Lord,
- 7 You alone are the Most High, Jesus Christ with the Holy Spirit, in the glory of God the Father.

Refrain

Amen.

The Collect

Celebrant: The Lord be with you.

People: **And also with you.**

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

First Reading

Jeremiah 1:4-10

The word of the Lord came to me saying,

"Before I formed you in the womb I knew you,
and before you were born I consecrated you;
I appointed you a prophet to the nations."

Then I said, "Ah, Lord God! Truly I do not know how to speak, for I am only a boy." But the Lord said to me,

"Do not say, 'I am only a boy';
for you shall go to all to whom I send you,
and you shall speak whatever I command you,
Do not be afraid of them,
for I am with you to deliver you,
says the Lord."

Then the Lord put out his hand and touched my mouth; and the Lord said to me,

"Now I have put my words in your mouth.
See, today I appoint you over nations and over kingdoms,
to pluck up and to pull down,
to destroy and to overthrow,
to build and to plant."

Lector: The Word of the Lord People: **Thanks be to God**

- 1 In you, O God, have I taken refuge; *
let me never be ashamed.
- 2 In your righteousness, deliver me and set me free; *
incline your ear to me and save me.
- 3 Be my strong rock, a castle to keep me safe; *
you are my crag and my stronghold.
- 4 Deliver me, my God, from the hand of the wicked, *
from the clutches of the evildoer and the oppressor.
- 5 For you are my hope, O God, *
my confidence since I was young.
- 6 I have been sustained by you ever since I was born;
from my mother's womb you have been my strength; *
my praise shall be always of you.

Second Reading

1 Corinthians 13:1-13

If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing.

Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. For we know only in part, and we prophesy only in part; but when the complete comes, the partial will come to an end. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. And now faith, hope, and love abide, these three; and the greatest of these is love.

Lector: The Word of the Lord **People: Thanks be to God**

The Holy Gospel

Luke 4:21-30

Deacon: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: **Glory to you, Lord Christ.**

Jesus began to speak in the synagogue at Nazareth: "Today this scripture has been fulfilled in your hearing." All spoke well of him and were amazed at the gracious words that came from his mouth. They said, "Is not this Joseph's son?" He said to them, "Doubtless you will quote to me this proverb, 'Doctor, cure yourself!' And you will say, 'Do here also in your hometown the things that we have heard you did at Capernaum.'" And he said, "Truly I tell you, no prophet is accepted in the prophet's hometown. But the truth is, there were many widows in Israel in the time of Elijah, when the heaven was shut up three years and six months, and there was a severe famine over all the land; yet Elijah was sent to none of them except to a widow at Zarephath in Sidon. There were also many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed except Naaman the Syrian." When they heard this, all in the synagogue were filled with rage. They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. But he passed through the midst of them and went on his way.

Deacon: The Gospel of the Lord. **People: Praise to you Lord Christ.**

The Sermon

The Rev. Lisa Ahuja

✠ *Please observe a moment of silence following the sermon*

The Prayers of the People

I ask your prayers for God's people throughout the world; for Mariann, bishop of the Diocese of Washington; for Linda, Lisa, and Gene, clergy of our parish; and for all ministers and people. We pray especially for our parish as we raise up and equip new leaders for our Vestry.

Pray for the Church.

Silence

I ask your prayers for the brokenness and division in our world, especially in our nation. We pray for Joseph, our President; Kamala, our Vice President; Muriel, our Mayor; and all who have been elected to lead in our government.

Pray for justice and peace; for goodwill among nations; and for the well-being of all people.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of God.
Pray that they may find and be found by God.

Silence

I ask your prayers for the departed.
Pray for those who have died, and those who grieve.

Silence

I ask your prayers for those on our parish prayer list.
I invite you to share your prayers of petition or thanksgiving aloud or in the silence of your heart.

Silence

Praise God for those in every generation in whom Christ has been honored.
Pray that we may have grace to glorify Christ in our own day.

Silence

Celebrant: Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name; through Jesus Christ our Lord. **Amen.**



The Peace

Celebrant: The Peace of Christ be always with you.

All: **And also with you.**

✠*The people greet one another with a sign of God's peace.*

Let us with gladness present the offerings and oblations of our life and labor to the Lord. The ushers will collect a financial offering during the Offertory. If you'd prefer to give electronically to our operating funds, please text STTHOMASDC (\$) to 73256 or follow the QR Code.



When you scan this QR Code with your phone's camera, it will take you directly to St. Thomas' website's Giving Page.

A Prayer for Spiritual Communion

Adapted from the Prayer Book for Armed Services

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion. The leader invites the following prayer to be said by all:

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, we desire to offer to you praise and thanksgiving. We remember your death, Lord Christ; we proclaim your resurrection; we await your coming in glory. Since we cannot receive you now in the Sacrament of your Body and Blood, we beseech you to come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

The Lord's Prayer

As our Savior Christ has taught us, we now pray,

OUR FATHER IN HEAVEN,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever. Amen.

PADRE NUESTRO, que estás en el cielo.
Santificado sea tu nombre.
Venga tu reino. Hágase tu voluntad
en la tierra como en el cielo.
Danos hoy nuestro pan de cada día.
Perdona nuestras ofensas,
como también nosotros perdonamos
a los que nos ofenden.
No nos dejes caer en tentación
y líbranos del mal.
Porque tuyo es el reino, el poder, y la gloria
Por los siglos de los siglos. Amén.

Blessing

Celebrant: May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

People: Amen

Closing Hymn LEVAS 118

“Spirit Song”

1. Oh, let the Son of God en - fold you, with His
2. Oh, come and sing this song with glad - ness, as your

1. Spir - it and His love, Let Him fill your heart and
2. hearts are filled with joy, Lift your hands in sweet sur -

1. sat - is - fy your soul. Oh, let Him
2. ren - der to His name. Oh, give Him

1. have the things that hold you, and His Spir - it like a
 2. all your tears and sad - ness, give Him all your years of

1. dove, Will de - scend up - on your life, and make you
 2. pain, And you'll en - ter in - to life in Je - sus'

1. whole. _____ Je - sus. Oh,
 2. name. _____

Je - sus, come and

fill your lambs. _____

Je - sus, Oh, Je - sus,

come and fill your lambs.

Dismissal

Celebrant: Go in peace to love and serve the Lord.

People: Thanks be to God.

Our hymns today are reprinted under One License # A-734785.
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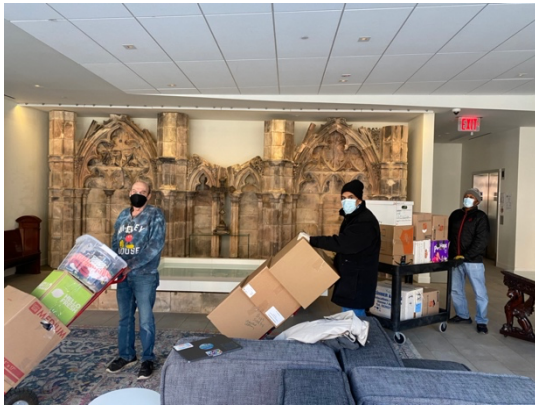
ST. THOMAS' PARISH

EPISCOPAL CHURCH • DUPONT CIRCLE

Announcements for January 30, 2022

Dear Friends,

There is much to share with you about our ministry to support the Afghan refugees.



First, on Sunday and Wednesday many boxes of clothing donations were picked up at church. A big thank you to David Swanson who has been communicating with so many donors and those who are assisting in donation distribution! The sheer amount of donations has been incredible to witness.

This week, George Wiggington and I met with two men who are working to support the Afghan refugees. The only thing they said in English was “Thank you. They really, really need help.” These two men, from Bangladesh and Eritrea are working tirelessly to pick

up donations in the cold this week. We moved many boxes to their vehicle, and noticed we still have so many remaining! In the weeks to come, they will come back for more. We are also hoping that one Sunday after church we can all work together to load up a UHaul and send it to them. Want to participate? We are still taking donations (current list of needs is later in the bulletin.) We also need lots of help to greet donors and sort items each Wednesday and Sunday.

And! While these men were picking up the donations, we were contacted by Sponsor Circle to tell us that our church has been matched with two Afghan women. Our core Sponsor Circle team, led by Carol Coonrod, has gone through training and background checks to lead the way in welcoming and supporting these women. Please pray for them as they make their journey here. Their first names are: Nazifa and Hamida. They will arrive in the next 7-10 days. We will let you know how you can be involved in welcoming and supporting them. We do know that in addition to our financial commitment, they will need computers and other basics upon arrival. If you'd like to contribute to their support, you may do so through Realm: under Refugee Support.

We will pray for these women, and share what we can this Sunday at our online worship this Sunday.

We will be back in-person with the option to join on Facebook starting February 6. Our Annual Meeting will be at 1 pm on February 6 on our Zoom link.

Bless you,
Lisa+

Here is our Parish Schedule for this coming week.

Sunday, January 30: **THE FOURTH SUNDAY AFTER EPIPHANY**
9:30 am Study: Follow up after Diocesan Convention
10:30 am Online worship, streamed to Facebook.
11:15 am Zoom Coffee Hour
12:00 – 2:00 pm Sorting of Clothing and Toy Donations for the Refugees

Wednesday, February 2:
4:00 - 6:00 pm Sorting of Clothing and Toy Donations for the Refugees
6:30 - 7:00 pm Evening Worship on Zoom
7:00 -8:30 pm “The Path Ahead”- Senior Ministry at St. Thomas- Zoom

Sunday, February 6:
10:30 am Worship in-person and streamed to Facebook
1 pm The St. Thomas’ Parish Annual Meeting on Zoom
12:00 – 2:00 pm Sorting of Clothing and Toy Donations for the Refugees

Zoom Code for worship and parish meetings and Wednesday evening worship:

Meeting ID: 947 6442 4718 Password: 151718th

Join Zoom Meeting

<https://zoom.us/j/94764424718?pwd=WFhJM0M5N2VxT2dVbVpaelljaVQ2UT09>

Dial by your location

+1 929 205 6099 US (New York)

Scan this QR link to see all of our announcements online.



Annual Meeting- Save the Date – Sunday, February 6

The St. Thomas' Parish Annual Meeting will be held on Sunday, February 6, 2022 following our 10:30 am service. Never been to an annual meeting for a church? This year's meeting will include a celebration of the highlights from 2020, a presentation of the 2022 budget, reports from the Wardens and Rector, a written report from all our ministries, and the election of new Vestry leaders.

Thank you to the Vestry Nominating Committee for their work of discernment on behalf of the parish.

St. Thomas' Episcopal Parish 2022 Vestry Slate

Wardens

1. Senior Warden- Gregory Zitterkob
2. Junior Warden- Karen Garlick

Vestry Members

3. **Brian Crane (current vestry, continuing for optional 3rd year)***

Nominated for a new term

4. **Jasper Knight Champion***
5. **Jennifer Mahle)***

Vestry Members moving into their second year of service

6. Reggie Greer
7. Noel Miller
8. Brett Snyder
9. John Trumbo

*** Candidates we will vote on are bolded.**



Jasper Knight Champion - Knight is a cradle Episcopalian and an Army brat, so he has been involved with many Episcopal Churches. He served on the Vestry at St. Thomas' in the mid 2000s, and is happy to be serving again. He has worked in several career fields, including the Air Force, law, real estate, and higher education. In his spare time, he enjoys traveling, adventurous dining, hiking, watching movies, abstract painting, and walking along the Potomac with his dog. (Insert Knight's Picture)



Jennifer Mahle- Jennifer was raised in the Episcopal Church and started attending St. Thomas' Parish in 2013. She is a Lay Eucharist Minister and was appointed in November to fill the remainder of an open vestry term. She has also served on the flower guild, as a Godly Play instructor, and assisted with Parish childcare. She moved to Washington, DC after graduating from college and lives in Logan Circle with her partner Colina. Jennifer is a Data Scientist who enjoys travel, entertaining, and baking.

Take Action with St. Thomas'

Working with Our Upstairs Neighbors at Capital Clubhouse

Here are three different ways you can volunteer, just one time or more often:

- Are you an IT expert? You can help them keep their computer equipment functioning well.
- Do you like to cook? Work with others to cook food for their monthly Employment Dinners that are held monthly right here at the church.
- Are you good at organizing? They need one or two volunteers to help them organize their space.



For more information, contact Deacon Linda by email: lmahler@stthomasdc.org or by phone: 202-384-9643.

Capital Clubhouse seeks New Board Members

As we begin a new year-- the third year of the pandemic-- we are reminded anew of the cost of isolation and the importance of community. Capital Clubhouse has found a happy home at St. Thomas' Parish, where we share the church's goal of community outreach and service. The Clubhouse seeks to support some of the most vulnerable members of our community: people struggling to recover from mental illness. If you would like to become more involved in strengthening community bonds and making a positive difference in people's lives, please consider Capital Clubhouse.

There are many ways to get involved. We currently have two vacant positions on our Board of Directors. Capital Clubhouse has ambitious goals this year to increase our membership, become more visible in the community, and help our members achieve their recovery goals. We are looking for individuals to join our Board who seek a deeper level of engagement with social justice for mental health, by supporting a highly effective model of peer-based support. If you are interested in joining the Capital Clubhouse Board of Directors, please send a letter of interest and your resumé to Linden Von Eichel at lindyve@gmail.com. For more information, please visit our website, Our Leadership | CapitalClubhouseInc

If you would like to help, but aren't ready to join our Board of Directors, please consider joining our Benefit Committee to help us plan and organize our 2022 Fundraiser. Please contact Alexandra Nash (alexandra_nash@yahoo.com). Or just call to schedule a time to have lunch with our members and see how friendship, meaningful work, and a place to call home are helping our members on the path to recovery. Please contact Maria Núñez at (202) 308-9690 to schedule a visit.

Thank you. We hope the new year is filled with health and peace for all of us.

Donate Warm Winter Socks to Our Neighbors in Need



Bring new warm winter socks, sizes 6-12, to St. Thomas'. Parishioner Al Llanos will see that they get distributed to people who need them most in the cold weather.

Clothing and Toy Collection for Afghan Refugees:



Drop Off Donations at church on Sundays from 12:00-2:00 pm or on Wednesdays from 4:00-6:00 pm.

New list of most needed items:

- Household items: pots/pans, pressure cookers and instant pots, tea kettles, tea cups, cooking & Kitchen utensils, vacuums, flatware
- New bed sheets and pillows
- New shower curtains and shower hooks
- Baby items: strollers, car seats(not expired), diaper bags, bassinets, cribs (dismantled for transport.)
- Clothing Items: sorted (women, men, children and bagged separately) Winter-appropriate clothing, including shoes and. Socks, scarves, hats, and gloves

Spread the Warmth

St. Thomas' Parish is responding to Afghan refugee needs in the DMV by providing much-needed items for people resettling in our area. The Parish has ample space to use as a central repository for collecting and packing all donations. So please be generous! For more information, contact David Swanson at dswansondc@gmail.com To volunteer, go to <http://tinyurl.com/signup3rdrfloorsorting>

We are also in need of clean cardboard boxes and people to sort! Please be in touch with David Swanson at dswansondc@gmail.com.

Study with St. Thomas'

"The Path Ahead"- Senior Ministry at St. Thomas'

Deacon Linda Mahler will offer a series that "reframes aging for people of faith" Anyone of any age can participate. "The Path Ahead" is a curriculum on the spirituality of aging developed by Seabury Resources for Aging and the Episcopal Diocese of Washington. The online class will be offered on six consecutive Wednesday evenings at 7:00 PM from 01/19/2022 through 02/23/2022. For more information or to participate, email Linda M. at: lmahler@stthomasdc.org

Racial Healing, Reconciliation, and Justice:

Take part in Sacred Ground, a 10-week course designed by the Episcopal Church to help build beloved community. Participants are invited to walk through chapters of America's history of race and racism, while weaving in threads of family story, economic class, and political and regional identity. The powerful curriculum of documentary films and readings focuses on Indigenous, Black, Latino, and Asian/Pacific American histories as they intersect with European American histories. The two books we will read are: *Waking Up White* by Debby Irving, and *Jesus and the Disinherited* by Howard Thurman. (You will not need them for the first class.) The group will meet online on Tuesday evenings at 6:30 PM beginning on February 15, 2022. To learn more or to sign up, please email Dan Costello at: dancostello3@gmail.com or Linda Hollingsworth at lhollingsworthvh@gmail.com

Tee-Shirt Contest at St. Thomas

Tee-Shirt Contest

Do you have a great idea for St. Thomas' next tee-shirt?

Submit your slogan or graphics or ideas to <https://forms.gle/zPG2SrDYJTURPyu9A>. Parishioners will be able to vote the best idea. We will make the new tee-shirt available for purchase in the summer.

Workshops with School for Christian Faith and Leadership

The School for Christian Faith and Leadership is offering two workshops by Zoom in February to equip parents, caregivers and ministry leaders to help children and teens deal with the stress and mental health issues exacerbated by the ongoing pandemic.

Supporting Children (and Ourselves) through a Time of Uncertainty

with Julianne Reilly, LCSW, LICSW; Counselor at St. Patrick's Episcopal Day School
Sunday, February 6th, 4-5:30 pm

[Registration link](#)

Supporting Teens through Pandemic Stress

with Audra Mriani, LPC, NCC; Abundant Life Counseling VA
Sunday, February 13th, 4-5:30 pm

[Registration link](#)

Celebrating Our January Birthdays

Stacey George (January 1)
Felecia Williams (January 1)
Joe Bishop-Henchman (January 4)
Samantha Fallon (January 5)
Naomi Ashworth (January 9)
Bob McDonald (January 16)
Gregory Zitterkob (January 22)
Tyler Ashworth (January 23)
David Insinga (January 23)
Rev. Linda Kaufman (January 23)
Chris Hartenau (January 27)
John Coonrod (January 31)

If your birthday or anniversary is not listed here, please let us know at administrator@stthomasdc.org.

Parish Prayer List

John Bisco
Peggyann Cohen
Kevin Costigan
Craig Evertt
Carol Goldman
Pam Greer
Susan Hannan
Jan Harrison

Betsy Hollingsworth
James & Esther Insinga
Kristin Jones
Mike Knapp
Dave Kucharski
Hugo Llanos
Rich Manhardt
Jane Saari

Mary Jane Smith
Harvey Snyder
Chris Spangler
George Tatterson
Chester Thompson

For the repose of the soul of:
Linda Shoults

You may submit a name for the list by sending an e-mail to: administrator@stthomasdc.org



ST. THOMAS' PARISH

EPISCOPAL CHURCH • DUPONT CIRCLE

"As St. Thomas' Parish we are followers of Jesus, striving to see Christ in each person, and to be Christ in our community, our city, and our world."

Vestry

Gregory Zitterkob, Senior Warden
Karen Garlick, Junior Warden
Clay Dursthoff, Treasurer
Jenn Mahle, Secretary
Brian Crane, Reggie Greer, Jennifer Mahle,
Noel Miller, Brett Snyder, John Trumbo

Staff

The Rev. Lisa Saunders Ahuja	Rector	lahuja@stthomasdc.org cell: 202-361-2018 @BishopGRobinson
The Rt. Rev. V. Gene Robinson	Bishop in Residence	lmahler@stthomasdc.org
Deacon Linda Mahler	Deacon	mlodico@stthomasdc.org
Michael Lodico	Director of Music	administrator@stthomasdc.org
Ka Lam	Administrator	
Tyrone Moore	Sexton	
Brittany Thomas	Sexton	
Fabian Berrios	Sexton	
Diana Diaz	Nursery Attendant	
Kristine Kwamena-Poh	Nursery Attendant	
Herschel Wade	Seminarian	

St. Thomas' Parish

1517 18th Street NW Washington, DC 20036 (202) 808-3326

www.stthomasdc.org ✉ info@stthomasdc.org

