

The Collect

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. *Amen.*

First Reading

Isaiah 58:1-9a

Shout out, do not hold back!
Lift up your voice like a trumpet!
Announce to my people their rebellion,
to the house of Jacob their sins.
Yet day after day they seek me
and delight to know my ways,
as if they were a nation that practiced righteousness
and did not forsake the ordinance of their God;
they ask of me righteous judgments,
they delight to draw near to God.
“Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?”
Look, you serve your own interest on your fast day,
and oppress all your workers.
Look, you fast only to quarrel and to fight
and to strike with a wicked fist.
Such fasting as you do today
will not make your voice heard on high.
Is such the fast that I choose,
a day to humble oneself?
Is it to bow down the head like a bulrush,
and to lie in sackcloth and ashes?

Will you call this a fast,
a day acceptable to the Lord?
Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the thongs of the yoke,
to let the oppressed go free,
and to break every yoke?
Is it not to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them,
and not to hide yourself from your own kin?

Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the Lord shall be your rear guard.
Then you shall call, and the Lord will answer;
you shall cry for help, and he will say, Here I am.

Lector: The Word of the Lord **People:** **Thanks be to God**

Psalm 112:1-10

(read by all)

St. Helena's Psalter

- 1 Alleluia! Happy are they who fear God, *
 and have great delight in the commandments!
- 2 Their descendants will be mighty in the land; *
 the generation of the upright will be blest.
- 3 Wealth and riches will be in their house, *
 and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; *
 the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending *
 and to manage their affairs with justice.
- 6 For they will never be shaken; *
 the righteous will be kept in everlasting remembrance.
- 7 They will not be afraid of any evil rumors; *
 Their heart is right;
 they put their trust in God.
- 8 Their heart is established and will not shrink, *
 until they see their desire upon their enemies.
- 9 They have given freely to the poor, *
 and their righteousness stands fast for ever;
 they will hold up their head with honor.
- 10 The wicked will see it and be angry;
 they will gnash their teeth and pine away; *
 the desires of the wicked will perish.

Sequence Hymn WLP 791

Peace before us

We will sing verses 1-2 before the Gospel, and 3-4 after.

1. Peace be - fore us, peace be - hind us,
 2. Love be - fore us, love be - hind us,
 3. Light be - fore us, light be - hind us,
 4. Christ be - fore us, Christ be - hind us,

peace un - der our feet. _____ Peace with - in us,
 love un - der our feet. _____ Love with - in us,
 light un - der our feet. _____ Light with - in us,
 Christ un - der our feet. _____ Christ with - in us,

1. 2. 3. 4. 5.

peace o - ver us, let all a - round us be peace. _____
 love o - ver us, let all a - round us be love. _____
 light o - ver us, let all a - round us be light. _____
 Christ o - ver us, let all a - round us be Christ. _____

The Holy Gospel

Matthew 5:13-20

(The Gospel will be proclaimed in both Spanish & English)

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you Lord Christ.**

Jesús dijo: “Ustedes son la sal de este mundo. Pero si la sal deja de estar salada, ¿cómo podrá recobrar su sabor? Ya no sirve para nada, así que se la tira a la calle y la gente la pisotea”.

“Ustedes son la luz de este mundo. Una ciudad en lo alto de un cerro no puede esconderse. Ni se enciende una lámpara para ponerla bajo un cajón; antes bien, se la pone en alto para que alumbre a todos los que están en la casa. Del mismo modo, procuren ustedes que su luz brille delante de la gente, para que, viendo el bien que ustedes hacen, todos alaben a su Padre que está en el cielo.”

“No crean ustedes que yo he venido a suprimir la ley o los profetas; no he venido a ponerles fin, sino a darles su pleno valor. Pues les aseguro que mientras existan el cielo y la tierra, no se le quitará a la ley ni un punto ni una letra, hasta que todo llegue a su cumplimiento. Por eso, el que no obedece uno de los mandatos de la ley, aunque sea el más pequeño, ni enseña a la gente a obedecerlo, será considerado el más pequeño en el reino de los cielos. Pero el que los obedece y enseña a otros a hacer lo mismo, será considerado grande en el reino de los cielos. Porque les digo

a ustedes que, si no superan a los maestros de la ley y a los fariseos en hacer lo que es justo ante Dios, nunca entrarán en el reino de los cielos.”

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Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything but is thrown out and trampled underfoot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

Celebrant: The Gospel of the Lord. People: Praise to you Lord Christ.

**Annual Report and Sermon**

**The Rev. Lisa Ahuja**

### **The Nicene Creed**

**WE BELIEVE IN ONE GOD, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary and became truly human.  
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen**

## Prayers for the Parish led by outgoing Vestry Members

Following each prayer, we will say: God of abundance, **hear our prayer.**

### The Confession and Absolution

We pray to you also for the forgiveness of our sins. (*Silence may be kept.*)

**Have mercy upon us, most merciful Father;  
in your compassion forgive us our sins, known and unknown,  
things done and left undone; and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name; through Jesus Christ our Lord. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### The Peace

Celebrant: The peace of Christ be always with you.

All: **And also with you.**

✠*The people greet one another with a sign of God's peace.*

### Welcome and Announcements

#### *Birthday Prayer: (said by all)*

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up when they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

#### *Anniversary Prayer: (said by all)*

Eternal God, creator and preserver of all life, author of salvation, and giver of all grace: Look with favor upon the world you have made, for which your Son gave his life, and surround this couple with your love. Grant that their wills may be so knit together in your will, and their spirits in your Spirit, that they may grow in love and peace with you and one another all the days of their lives, through Jesus Christ our Lord. Amen.

## Offertory Christ, whose glory fills the skies T. Frederick Candlyn (1892-1964)

Sung by the St. Thomas' Choir

Christ, whose glory fills the skies,  
Christ, the true, the only Light,  
Sun of Righteousness, arise,  
Triumph o'er the shades of night;  
Dayspring from on high, be near;  
Day-star, in my heart appear.

Dark and cheerless is the morn  
Unaccompanied by thee;  
Joyless is the day's return

Till thy mercy's beams I see;  
Till they inward light impart,  
Glad my eyes, and warm my heart.

Visit then this soul of mine,  
Pierce the gloom of sin and grief;  
Fill me, radiance divine,  
Scatter all my unbelief;  
More and more thyself display,  
Shining to the perfect day.

– Charles Wesley

SCAN ME



*Let us with gladness present the offerings and oblations of our life and labor to the Lord. The ushers will collect a financial offering during the Offertory. If you'd prefer to give electronically to our operating funds, please text STTHOMASDC (\$) to 73256 or follow the QR Code.*

When you scan this QR Code with your phone's camera, it will take you directly to St. Thomas' website's Giving Page.

## The Great Thanksgiving

Celebrant: The Lord be with you.  
People: **And also with you.**  
Celebrant: Lift up your hearts.  
People: **We lift them to the Lord.**  
Celebrant: Let us give thanks to the Lord our God.  
People: **It is right to give God thanks and praise.**

We praise you and we bless you, holy and gracious God,  
source of life abundant. From before time you made ready the creation.  
Your Spirit moved over the deep and brought all things into being:  
sun, moon, and stars; earth, winds, and waters; and every living thing.

You made us in your image and taught us to walk in your ways.  
But we rebelled against you, and wandered far away;  
and yet, as a mother cares for her children, you would not forget us.  
Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels  
in the chorus of praise that rings through eternity,  
lifting our voices to magnify you as we sing:

Sanctus

Holy, Holy, Holy

#S130 in Blue Hymnal

Holy, holy, holy Lord,  
God of power and might,  
Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full,  
full of your glory.

Hosanna in the highest.  
Hosanna in the highest.  
Blessed is the one  
who comes in the name of the Lord.  
Hosanna in the highest.  
Hosanna in the highest.

Glory and honor and praise to you, holy and living God.  
To deliver us from the power of sin and death  
and to reveal the riches of your grace,  
you looked with favor upon Mary, your willing servant,  
that she might conceive and bear a son,  
Jesus the holy child of God.  
Living among us, Jesus loved us.  
He broke bread with outcasts and sinners,  
healed the sick and proclaimed good news to the poor.

He yearned to draw all the world to himself  
yet we were heedless of his call to walk in love.  
Then, the time came for him to complete upon the cross  
the sacrifice of his life,  
and to be glorified by you.

On the night before he died for us,  
Jesus was at table with his friends.  
He took bread, gave thanks to you,  
broke it, and gave it to them, and said:  
“Take, eat: This is my Body, which is given for you.  
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.  
Again, he gave thanks to you, gave it to them, and said:  
“Drink this, all of you: This is my Blood of the new Covenant,  
which is poured out for you and for all for the forgiveness of sins.  
Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation,  
and remembering Christ, crucified and risen,  
who was and is and is to come,  
we offer to you our gifts of bread and wine,  
and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts  
that they may be the Body and Blood of Christ.  
Breathe your Spirit over the whole earth  
and make us your new creation,  
the Body of Christ given for the world you have made.

In the fullness of time bring us,  
with Saint Thomas and all your saints,  
from every tribe and language and people and nation,  
to feast at the banquet prepared  
from the foundation of the world.

Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise,  
for ever and ever. **Amen.**

### **The Lord's Prayer**

As our Savior Christ has taught us, we now pray,

**OUR FATHER IN HEAVEN,**  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and forever. **Amen.**

**PADRE NUESTRO,** que estás en el cielo.  
Santificado sea tu nombre.  
Venga tu reino. Hágase tu voluntad  
en la tierra como en el cielo.  
Danos hoy nuestro pan de cada día.  
Perdona nuestras ofensas,  
como también nosotros perdonamos  
a los que nos ofenden.  
No nos dejes caer en tentación y líbranos  
del mal. Porque tuyo es el reino, el poder, y  
la gloria. Por los siglos de los siglos. **Amén.**

### **The Breaking of the Bread**

**Celebrant:** Alleluia. Christ our Passover is sacrificed for us;

**People:** Therefore let us keep the feast. **Alleluia.**

**Celebrant:** The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,  
and feed on him in your hearts, by faith with thanksgiving.

## Distribution of Holy Communion

*All are welcome to receive holy communion here at St. Thomas' Parish. The bishop has given the diocese permission to share the bread and wine at communion again. She does not permit us to intinct, or dip, our wafers in the wine. An usher will invite the congregation to come forward row by row to receive. When you come forward, there are two stations to receive bread. Gluten free wafers are available. If you prefer a blessing, please cross your arms over your chest to indicate this to the priest.*

**Communion Hymn Blue Hymnal #645**

**The king of Love my shepherd is**

### Postcommunion Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. Amen.

### The Blessing

**Closing Hymn**

**Blue Hymnal #347**

**Go forth for God**

### Dismissal

**Celebrant:** Go in Peace to love and serve the Lord.

**People:** Thanks be to God.

**Postlude:**

**Fugue in C-major**

**J.S. Bach**



# ST. THOMAS' PARISH

EPISCOPAL CHURCH • DUPONT CIRCLE

February 5<sup>th</sup> – February 12<sup>th</sup>, 2023

**Sunday, February 5th**

- 9:30am to 11:30am- Nursery and Christian Education/Kids Activities (4th floor)
- 9:30 am to 10:15am- Choir Rehearsal (2nd floor Nave)
- 10:30am to 11:30am- Holy Eucharist (2nd Floor Nave)
- 12:00pm to 1:45pm- Annual Meeting with lunch (4<sup>th</sup> floor)
- 2:00pm to 4:00pm- East Sea Sword School (4th Floor)
- 3:00pm to 9:00pm- GMCW Full Chorus (2nd Floor Nave & 1st Floor Commons)
- 8:00 pm to 9:00pm- Parish Night Out to Keegan Theatre (Meet in 1st Floor Commons at 7:45)

**Monday, February 6<sup>th</sup> – Office Hours: 10am to 3pm**

- 8:30am to 4:30pm- Capital Clubhouse (4th floor)
- 6:30pm to 8:00pm-Catechism Class (1st floor Commons)
- 6:30pm to 9:00pm- GMCW Rehearsal (2nd floor Nave)
- 7:30pm to 9:00pm- AA Meeting (4th floor)

**Tuesday, February 7<sup>th</sup> – Office Hours: 10am to 3pm**

- 8:30am to 4:30pm- Capital Clubhouse (4th floor)
- 11:00 am to 12:00 pm- Staff Meeting (1st Floor Commons)
- 7:00pm to 9:00pm- GMCW Rehearsals (Nave, 4th Floor)

**Wednesday, February 8th – Office Hours: 10am to 3pm**

- 8:30am to 4:30pm- Capital Clubhouse (4th floor)
- 6:45pm to 9:15 pm- GMCW Sectionals (Nave)

**Thursday, February 9th – Office Hours: 10am to 3pm**

- 8:30am to 4:30pm- Capital Clubhouse (4th floor)
- 6:45pm to 9:15 pm- GMCW Sectionals (Nave)
- 7:00pm to 9:00pm- Finance Committee Meeting (Zoom)

**Friday, February 10th – Office Hours: 9am to 12pm**

- 8:30am to 4:30pm- Capital Clubhouse (4th floor)
- 8:00pm to 9:00pm- NA Meeting (4th floor)
- February 10 - 12 Women's Retreat (Offsite)

**Saturday, February 11th**

- 11:00am to 1:00 pm - GMCW GenOUT (1<sup>st</sup> floor commons and 2nd floor Nave)
- 1:00pm to 6:00pm - Solas Nua Theatre Reading (2nd floor Nave)

**Sunday, February 12th**

- 9:30am to 11:30am- Nursery and Christian Education/Kids Activities (4th floor)
- 9:30 am to 10:15am- Choir Rehearsal (2nd floor Nave)
- 10:30am to 11:30am - Holy Eucharist (2nd Floor Nave)
- 12:00pm to 1:15pm- Soup for the season of Ephi hany (4<sup>th</sup> floor)
- 2:00pm to 4:00pm - East Sea Sword School (4th Floor)
- 3:00pm to 9:00pm - GMCW Full Chorus (2nd Floor Nave & 1st Floor Commons)



Scan the QR code to read the weekly announcements on the Phoenix news.

## *Where are the weekly announcements?*

For the next two months we will be printing the worship service, and sharing a QR code to our weekly announcements, called the Phoenix. This cuts our weekly paper usage in half. We try this as one way to care for God's creation. Please let me know what you think, or if you'd like help getting signed up for our weekly announcements!

The Rev. Lisa Ahuja, Rector

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*"As St. Thomas' Parish we are followers of Jesus, striving to see Christ in each person, and to be Christ in our community, our city, and our world."*

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## Vestry

Gregory Zitterkob, Senior Warden  
Karen Garlick, Junior Warden  
Clay Dursthoff, Treasurer  
Jocko Fajardo, Secretary  
Knight Champion, Brian Crane, Reggie Greer, Jennifer Mahle,  
Noel Miller, Brett Snyder, John Trumbo

## Staff

|                                                                                                                |                                                                                                                                                                     |                                                                           |
|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| The Rev. Lisa Saunders Ahuja                                                                                   | Rector                                                                                                                                                              | lahuja@stthomasdc.org<br>cell: 202-361-2018<br>@BishopGRobinson           |
| The Rt. Rev. V. Gene Robinson<br>Paul Barkett<br>Michael Lodico                                                | Bishop in Residence<br>Interim Director of Operations<br>Director of Music<br>and Community Engagement                                                              | administrator@stthomasdc.org<br>mlodico@stthomasdc.org                    |
| Maria Teresa Baustista-Berrios<br>Fabian Berrios<br>Diana Diaz<br>Brynn Farlow<br>Hamida Gawhari<br>Araceli Ma | Seminarian<br>Sexton and Nursery<br>Nursery Attendant<br>Music Program Assistant<br>Administrative Assistant<br>Minister for Communications<br>and Ministry Support | seminarian@stthomasdc.org<br>bfarlow@stthomasdc.org<br>ama@stthomasdc.org |
| Candace McLamore<br>Tyrone Moore                                                                               | Sexton<br>Sexton                                                                                                                                                    |                                                                           |

## St. Thomas' Parish

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